

ABSTRACT OF THE DISCLOSURE

A system and method are provided for insulating a vertically extending wall (e.g., concrete wall). First and second supports are first attached to the vertical wall at respective first and second vertically spaced locations (e.g., proximate the top and bottom of the wall). After the supports have been attached to the wall, a blanket(s) of rolled fiberglass insulation (e.g., metal building insulation) is attached to the wall between the first and second supports. Then, a flexible sheet of vapor retarder is attached to protruding portions of the first and second supports so as to cover the blanket(s) of fiberglass insulation thereby causing the blanket of fiberglass insulation to be partially or fully hidden from view and retained in the cavity defined between the vertical wall and the vapor retarder.